

**“But take heart!” He says, “I have overcome the world” (John 16:33).**

## **PRAYER FOR UNCERTAIN TIMES**

We are, no doubt, living in challenging times. While uncertainty seems to swirl around us, one thing remains certain, Jesus Christ is still Lord and Saviour!

Psalm 34:3 says, “Come let us magnify the Lord! Let us exalt his name together!”

It is important at all times, but particularly during these days to keep our eyes focused on Christ. It is important to humble ourselves, to bow down before Him, to worship and adore Him, and to spend time in His presence.

Please use the following as a guide to help you pray in your homes, with you Small Groups as you gather online, or own your own as you spend time with God. Remember that as you pray, you are not alone. Your BBC family along with tens of thousands of **others around the globe are praying along with you!**

## **ADORATION AND PRAISE**

It is vital that we continue to offer God praise and adoration. God, and God alone is worthy of our worship. Here are some specific verses that you can declare out loud as you offer God praises!

Psalm 103:19-22	Psalm 117: 1-2	Psalm 96:7-9	Psalm 86:12, 13
Psalm 33:1-5	Psalm 135: 1-3	Psalm 29:1-2	Psalm 96:3-9
Psalm 68:26	Psalm 150: 1-2	Psalm 100 2	Thes. 1:11, 12
Psalm 104:1	Luke 1:46	Psalm 34:1-3	1 Timothy 6:15, 16
Psalm 106:1, 2	Luke 19:37-38	Psalm 63:3-4	Isaiah 26:13
Psalm 111: 1-10	1 Chron. 16:28-29	Psalm 69:30-31	1 Timothy 1:17

## **CONFESSION**

Scripture teaches us clearly that we are to confess our sins to God. 1 John 1:9 states, “If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

In confessing, you do not need to revisit past sins that have already been confessed. Rather, confess any sin that you might be aware of currently and seek the Father's forgiveness. Then, spend a few minutes allowing God to speak to you. He may bring something to mind that you might have overlooked and need to confess. Trust that as you confess, He will forgive you.

Here are a few other verses you might want to reflect on.

James 5:16	Proverbs 28:13	Psalm 32:5	Acts 3:19
Romans 10:9-10	Daniel 9:5	Psalm 86:5	Ephesians 1:7

## THANKSGIVING

Even in the midst of difficulty, there is much that we can be thankful for. Gratitude has a way of changing our perspective, even during challenging times. Take some time before God to thank Him for His abundant blessing in your life. Be specific, naming each thing for which you are grateful.

Here are some verses to reflect on related to thanksgiving and gratitude.

1 Thes. 5:16-18	Phil. 4:6-7 1	Chron. 16:34	Psalm 9:1
Romans 11:36	Col. 3:15	1 Cor. 15:57	Col. 4:2

## SUPPLICATION AND INTERCESSION

1 Tim. 2:1- 2, says, “I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people – for kings and all those in authority that we may live peaceful and quiet lives in all godliness and holiness.”

It is appropriate that we come before God offering prayers of intercession and supplication. As you do, quiet yourself and allow the Holy Spirit to bring to mind situations that are specific to your life and lift them up to the Lord. Take time as well to pray for our church, city province and nation, and indeed our world as we are living in unprecedented times.

Here are some prayers that can help to guide you and that you might want to include as you pray.

**Pray** that we would be people of compassion who intentionally reach out to others in our neighbourhoods and to our family here and around the world. Give us creative ideas to stay in touch and offer appropriate support to those in need.

**Pray** that we as God’s people would be reminded of our hope in Christ and the truth that our Savior who died and rose for us has already overcome the world. Pray that we would be people who read His Word and take both His call and His promises to head and heart.

**Pray** for the leadership of BBC, and for other church leaders, as they offer insight and wisdom to their congregations and communities. Ask God to give them opportunities to be voices of reason, clarity and grace.

**Pray** for our Mayor, Premier, Prime Minister and other world leaders as they work with healthcare organizations and the medical community looking out for the good of their citizens. Pray that they would be guided by God's wisdom, even when they may not know.

**Pray** with researchers and biologists as they work to develop a treatment and vaccine for Covid-19. Pray for godly wisdom and insight.

**Pray** with first-responders who are tasked with triaging, testing, and treating increasing numbers of people. Ask God to give them patience, wisdom and a gentle spirit as they work to navigate fears and offer effective treatment. Ask God to protect those who are putting their own health at risk for the good of others.

**Pray** with the families of those who have lost loved ones, or have family undergoing treatment. Ask God to comfort the broken-hearted and to strengthen those who are suffering physically and emotionally.

**Pray** for those showing symptoms and for those with confirmed cases of this disease. Give them wisdom to know how to care for themselves and protect others. Keep us from judgement of one another. Give wisdom to know when to seek help if needed, and give balanced wisdom to those performing the tests/no tests that they would know appropriately when to make each choice – wisdom beyond themselves.

**Pray** for those in isolation – particularly the elderly and alone – separated families and loved ones. Pray that God would be their peace and a very present help in time of trouble. May they not feel alone. Pray for those lacking physical touch. And those who do not know God, may He, in the stillness, allow them to hear His voice calling to their hearts to draw near to Him and receive the salvation of their souls!

**Pray** for those who feel they have no safe place to go. Those whose safe place was not home before – and now they are isolated in their own homes. May they come to know Jesus and find their refuge and safety in His arms.

**Pray** for those whose jobs or hours have been cut due to economic downturn. Pray for parents who are struggling to work and care for their children. Pray that churches would look for ways to reach out to families in their communities to provide for them and show them the love of Christ.

**Pray** that revival will break out and that God will use these circumstances for His glory!

**Pray** that believers would live in greater surrender to His claim on our lives daily.

**Pray** that by the power of the Holy Spirit, hundreds of thousands would be drawn to Jesus and that the world would experience and know the power of Christ resting upon them like no other time in history!!